

How To Enlarge Your Penis

Over the years, men have always had a fixation with having a large penis or an above average size penis. And it seems nowadays some men will risk badly damaging their penis long-term to get terrible results and pain after each attempt.

The most common and widely discussed methods of penis enlargement are pumps, pills, potions, vacuums and other exercises explained below

Vacuum Devices for Penis Enlargement

Vacuum devices are often recommended for the treatment of impotence. They are also advertised for penis enlargement because the penis does increase in size for a time. Vacuum pumps are placed over the penis. Air is then drawn from the tube and this creates pressure. As a result, blood is forced rapidly into the penis, as happens in an erection. A ring is then applied temporarily to the base of the penis to stop the blood draining away too quickly. Penis enlargement will only work for around 24 hours.

There can also be side effects. Blood vessels can rupture causing swelling and pain. If you do want to try a vacuum device for erectile problems, or you feel it might be a pleasant sensation, you do need to be aware of the potential dangers and the fact that some devices available are poorly designed.

If you typed a search in google you would find hundreds of sites claiming all of the methods mentioned above can be very dangerous and have no real effect on the long term size of your penis.

I know people who have purchased programmes and have claimed a long term increase of their penis size up to and above four inches. I decided to put things into perspective by quoting the average erect penis size:

This means the great majority of penises measure between 15cm and 18cm (6-7 inches) when erect, with the average figure being about 16.5cm (6.5 inches). Hearing this does make us realize that the majority of men have an average size penis and for smaller people this might be fine. But I think the real problem is very tall men who have an average penis size feel as though their penis is actually small compared to the majority.

As I stated above, I know people who have increased their penis size by up to and over 4 inches just by using simple hand techniques and motions every day from purchasing expert advice with no real risk of damaging their penis long term. No pumps, no pills, no dangerous methods, just expert and proven results.

To read more please visit - <http://review-town.blogspot.com/2008/08/how-to-enlarge-your-penis.html>

About the Author

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