

Kidney Stones In Women

Nowadays, cases of kidney stones in women are on the rise, as it was once thought that kidney stones occurred mostly in men. Kidney stones in women have been increasing over the past few years. The wrong lifestyle of today has caused this to happen.

These days the cases of struvite kidney stones in the women are increasing. These occur more in number in women than men. They occur due to the chronic bacterial infection of the urinary tract. Among the reasons, diet, which are rich in calories and have lower proportions of proteins, vitamins, minerals, etc.

Kidney stones is a disease in which stones occur in the kidneys. These stones are the aggregates of foreign particles and some waste materials from the body and dead cells. It is important that the kidney stones be detected during the initial stages. Otherwise, they may be fatal. In most cases, the kidney stones consist of calcium aggregates. The occurrence of the stones is highest in the women taking supplements of calcium.

The consumption of beverages and other alcoholic products is another factor that is responsible for the higher occurrence of kidney stones in women. Men are less sensitive to them than women.

The pain in the lower abdomen during menstruation is a common symptom of kidney stones. Most kidney stones remain undetected during this time because the pain is very mild. However, if at the same time they experience some urinary problems such as pain during urination, change in color of urine, blood in urine, or disorders and other symptoms such as dullness, fever, nausea or vomiting and if no other reason is found for these, then kidney stones may be the reason.

Therefore, ideally, whenever these symptoms occur unexplainably, then this is a thing to worry. Therefore these should be taken seriously, because the reason they are occurring may be internal. As some serious disease may have occurred in the body and it may possibly be kidney stones.

If the menstrual pain persists even after the menstruation or even if it is abnormal, then there may be something wrong in the internal system of the body, most likely the kidneys.

Kidney stones are a serious disease, which can cause complications such as infections, blockages, inflammation and eventually they may lead to death. Therefore, if they are detected they should be removed from the body as early as possible.

The uriflow is one of the treatments commonly used for kidney stones. Taken orally, this treatment contains substances, which have properties through which they can dissolve the kidney stones. They dissolve the kidney stones and then the stones are removed from the body through the urine. Aiding in the removal of the kidney stones from the body and in relieving the body from pain, are the other drugs that are used in the uriflow treatment.

About the Author

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